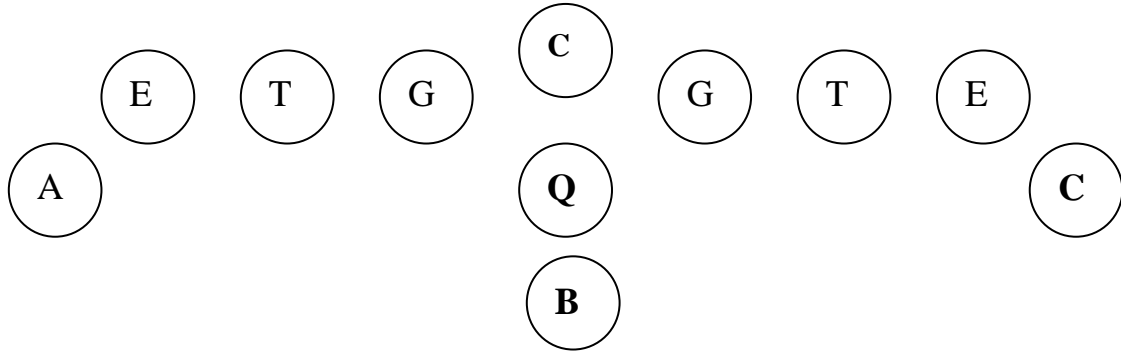


The Wing-T Playbook

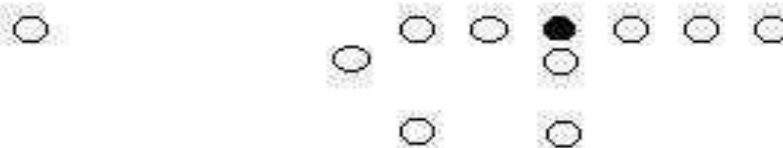
(Malcolm Robinson)



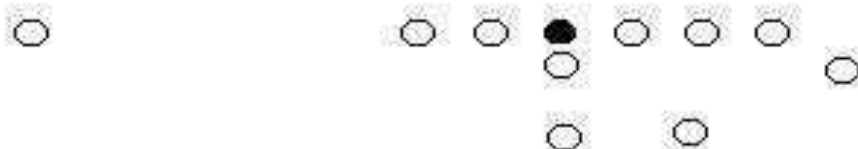
BASE FORMATION - Wing back and TE on the strong side of formation.
800 Formation (flip is 900)



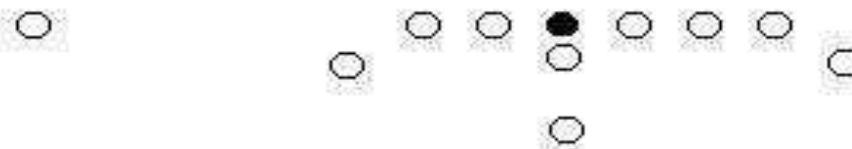
SLOT FORMATION - Wing back is opposite TE in slot on open or SE side
Slot 800 Formation (flip is Slot 900)



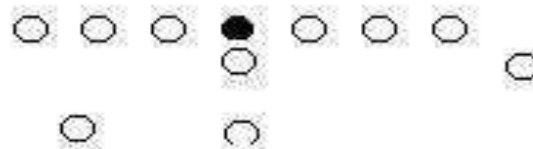
STRONG FORMATION - Wing and TB are both on strong side.
Strong 800 (flip is Strong 900)



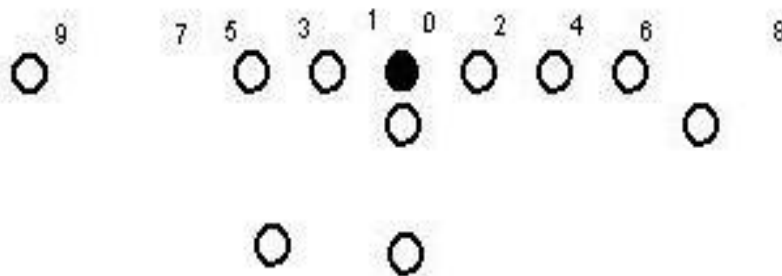
DOUBLES FORMATION - TB moves to a wing back position weak.
Doubles 800 (flip is Doubles 900).



TIGHT FORMATION - Base Wing-T formation with 2 TEs
Tight 800 (flip is Tight 900).



HOLE NUMBERING



LINE SPLITS :

Center/OG = 2 feet

OG/OT = 2 feet

OT/TE = 3 feet

OT/TE = 8-12 yards

Wingback = 1 x 1 on TE

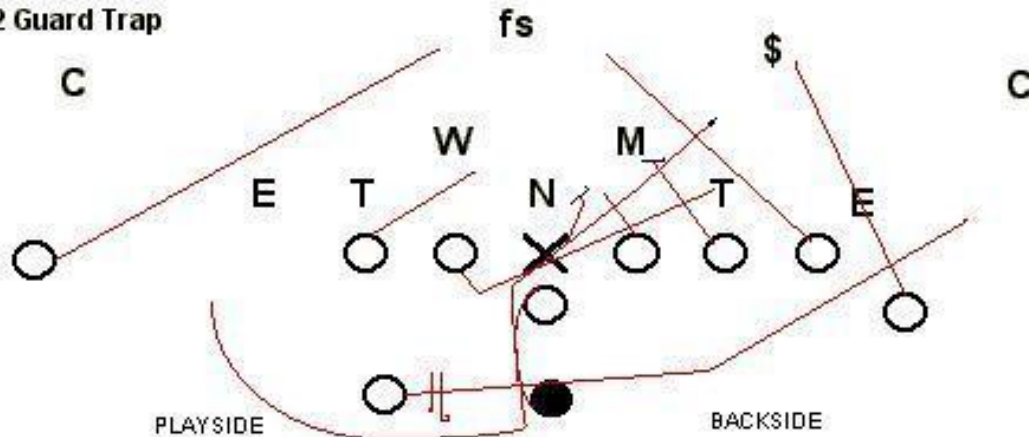
BACKFIELD NUMBERING

Although most plays are formatted in Series, we still assign the bcks numbers as follows:

QB = 1 - TB = 2 - FB = 3 - WB = 4

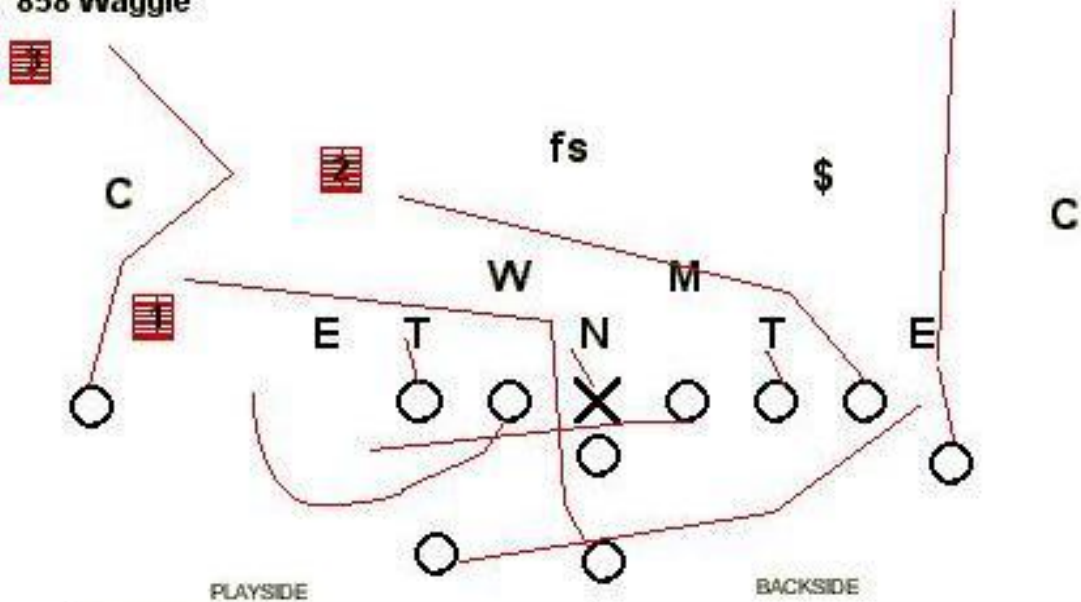
WING BACK MOTION - Since we want to run most, if not all, plays strong and weak, we utilize the WB as a ball carrier just as the TB is used. To get the WB in position to take a hand off or block at the point of attack, we use what is called "three step motion". The wing is aligned at a 45 degree angle in a one yard by one yard relationship with the TE (or in the slot, the same alignment on the OT) Upon the signal by the QB (foot movement) the wing steps with his inside foot, pivoting on the toe of his outside foot, and takes three steps at an angle that will take him to a position which would put him in the backfield as if aligned as a HB. The ball will be snapped at the time the WB gets to that HB alignment.

852 Guard Trap



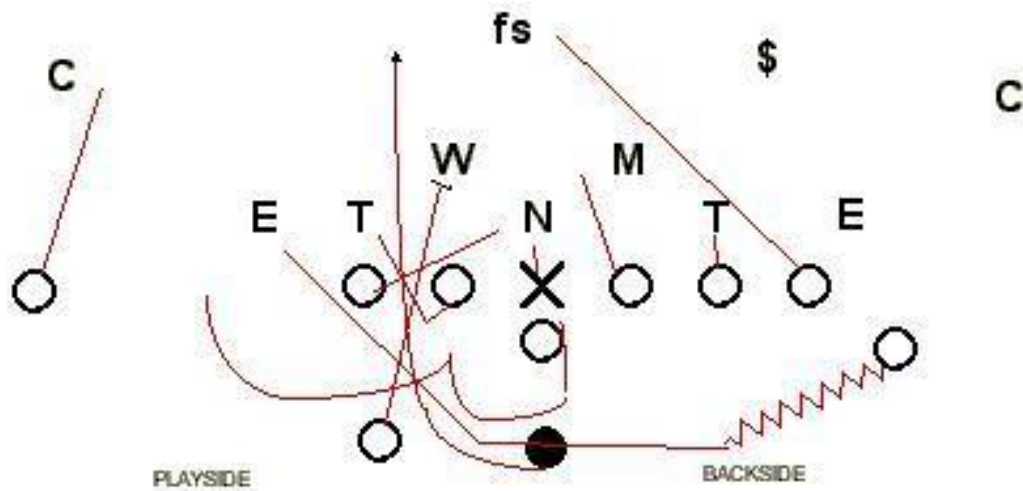
C	Double nose with front side guard. Must get movement on zero technique	
OG	Double nose with center; drive portion of double team; get movement of zero tech.	Take trap path to 1st down lineman past center; inside out, upfield path; root out defender
OT	Release underneath DT to inside LB; anticipate LB's trap read & bfill.	Cut off path to nearest LB; get at least a piece of LB in case of FB out back.
TE	Release inside to middle of field for FS	
SE	Release inside flat and block middle of the field	
QB	Reverse out to 6 o'clock; make exchange with FB; put hands back together and run bootleg path, gaining depth and width, back to LOS.	step deep for fake to TB; slight ride with TB then
FB	Open with backside foot, crossover with playside foot, moving to backside foot of center; run trap path beneath double team of C/OG; read block of OT on LB and be ready for out back	
TB	Open step, then crossover; run buck sweep path to sideline; make excellent fake.	
WB	Step to DE as if blocking for sweep; continue to SS and execute good base block.	
	COACHING POINTS: TB and QB make the play go by executing good fakes to set up the sweep and waggle.	

858 Waggle



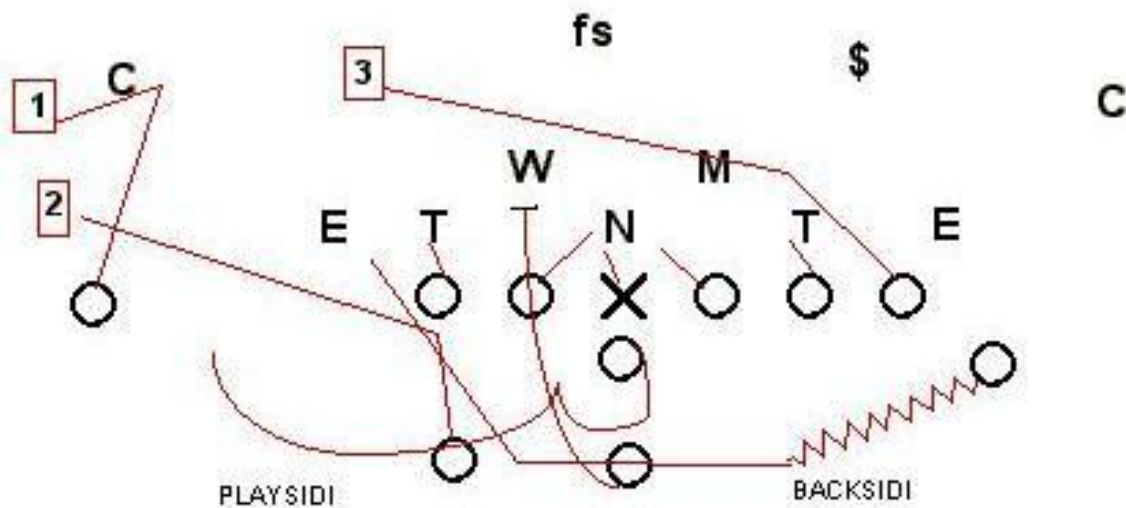
C	Base block nose.	
G	Pull with depth gain depth and get to position to log DE; work to keep this position.	Pull flatter than frontside OG; become personal protector of QB on bootleg.
T	Base block DT.	Base block DT
TE	Release inside and run drag route path to a depth of 8-12 yards; find the hole and settle; get hands up to allow QB to find you; make the reception and get yards after the catch.	
SE	Run post corner route (7 route); make slight adjustment against coverage to our route if CB plays you deep.	
QB	Open to playside; as FB passes, step deep to execute bare hand fake to TB; short ride; pull hands together and run bootleg path; gaining depth and width; get head around to read OG's block of DE; listen for sound of early collision telling you DE was not logged; read FB/TE/SE.	
FB	Run trap path, but work through first opening to run flat pass route no deeper than 3 yards.	
TB	Run sweep path, carry out good fakes; and block backside DE.	
WB	Step down toward DE to simulate sweep block; release into deep go or post route to hold safety.	COACHING POINT: QB has got to gain depth & width as the same time; must get head around to read block on DE 1st, before looking for receivers; adjust path & pull up if DE comes hard.

885 XB



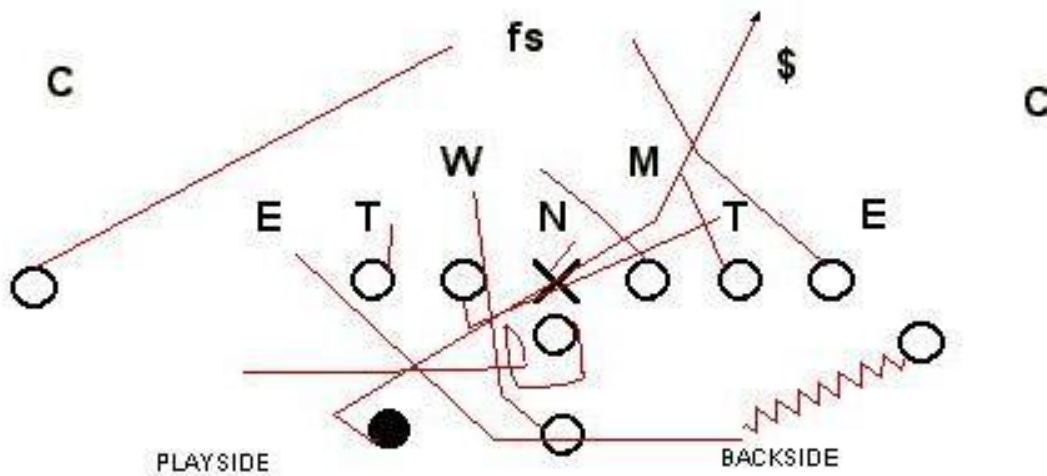
C	Base block nose.	
G	Drop step and block DT inside-out.	Inside release to LB; cut off LB.
T	Down to next down lineman.	Base.
TE	Release inside to middle secondary defender.	
SE	Base CB; run off to stalk.	
QB	Reverse out to 8 o'clock; gather feet and make exchange to FB; pull hands together and execute bootleg to playside.	
FB	Slide step into playside; drive off first step; read block of lead TB.	
TB	Drive to playside LB and execute block right now.	
WB	3 step motion to HB alignment, then flat across backfield through Fb spot; block playside DE.	
	COACHING POINT: Ball is snapped when WB reaches HB spot.	

885 Keep Pass



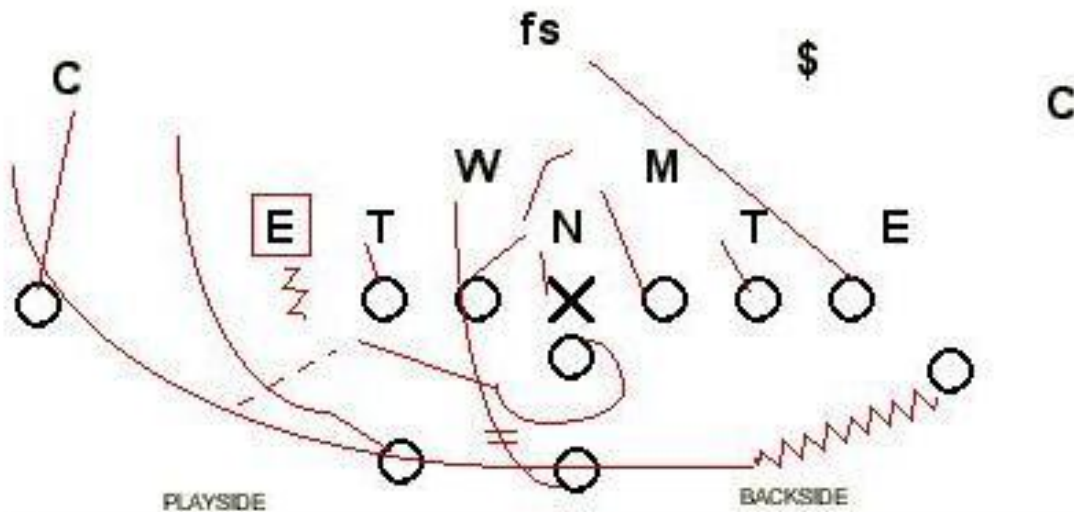
C	Base nose	
G	Down to double nos	Step playside to seal nose and backside A.
T	Base	Base.
TE	Drag route; release inside to depth of 8 yards; find hole and throttle down.	
SE	Run an out - 14 yards back to 12; if CB is aggressively, sight adjust to corner route	
QB	Reverse out to 8 o'clock; gather and fake XB to FB; boot playside, gaining depth and width to TB to TE.	
FB	Fake XB (iso) and block near inside	
TB	Fake XB look and slip into flat off outside of playside OT; run flat route to sideline.	
WB	3 step motion to HB spot; run thru FB spot block DE, allowing QB to execute boot play	
	Coaching Point: may want to allow snap a tad later to allow WB to get in good position to block on playside DE.	

885 TB Counter



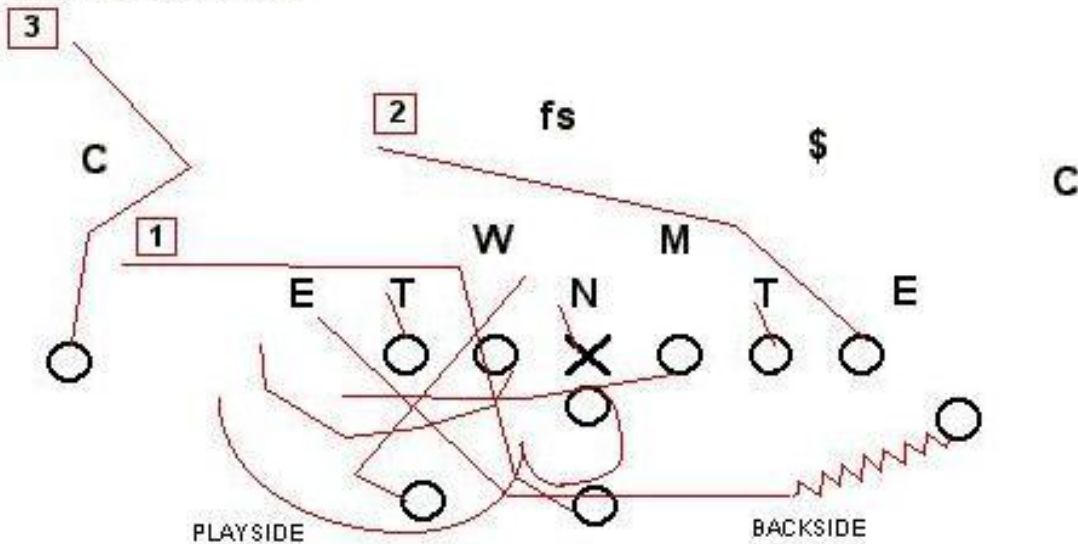
C	Base block nose; expect help from offside DG.	
OG	Double nose with center; release to backside LB if possible.	Trap path to trap block 1st down lineman past center; inside out path.
T	Down to playside inside LB.	Base DT.
TE	Release inside to inside lb through middle secondary defender.	
SE	Cut off middle of field.	
QB	Reverse out at 6 o'clock; flash fake to FB; reverse to 6 o'clock again and make exchange to TB on counter trap path; run boot path away from POA.	
FB	Slide step to backside B gap; execute fake of weakside Iso (XB) and block backside inside LB.	
TB	Counter step toward offside; plant on outside foot and come off FB's fake to receive exchange QB and hit landmark - near foot of center. Run trap path, reading OG's trap block and block of playside OT.	
WB	3 step motion just as on all plays of this series thru feet of FB to block backside DE.	

885 XB Option



C	Base block nose	
G	Double nose to backside ILE	Cut off backside ILB
T	Base DT.	Base DT.
TE	Cut off path to middle secondary defender.	
SE	Base CB - run off and stalk block.	
QB	Reverse out; flash fake to FB on weak iso (XB), complete pivot, gather and attack DE inside-out; pitch off DE's action; expect quick hard DE play because of his relative close alignment.	
FB	Fake weak iso and block playside ILB.	
TB	Open, crossover and take arc path to block alley support defender. (FS).	
WB	3 step motion through FB's feet, then assume pitch path or possible option pitch from QB; maintain proper relationship if QB turns up inside pitch key (DE).	

885 TB Counter Pass



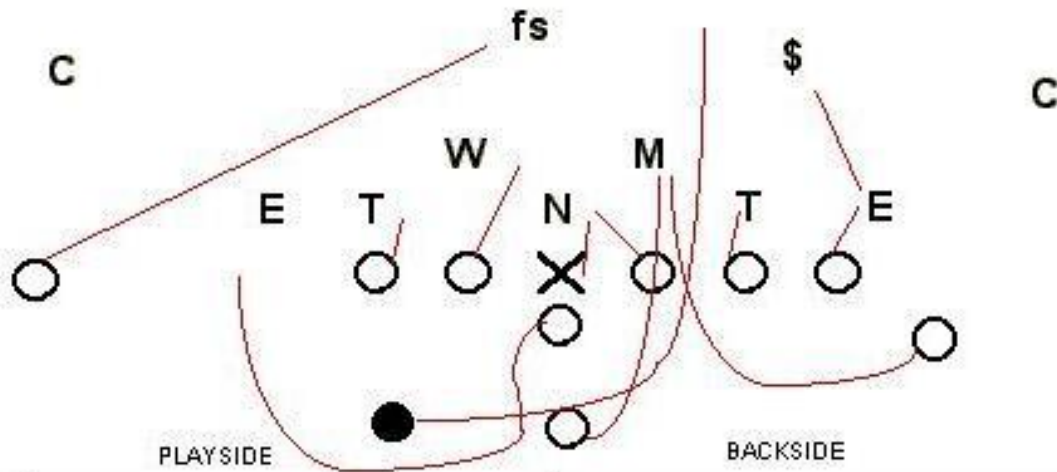
C	Base nose.	
OG	Pull deep to get log block on DE; pull to depth of 4.5 yards and attack DE outside shoulder.	Pull flatter than lead OG; become personal protector of QB.
T	Base.	Base.
TE	Drag route through feet of LBs to depth of 8-12 yards; throttle down and find hole in coverage.	
SE	Run post-corer route; may convert to out if play of CB dictates this.	
QB	Reverse out to 6 o'clock; fake to FB on weak iso path; flash fake to TB on counter path; gain depth and width as you run boot path; threaten LOA; read	path; flash fake to TB on counter path; gain depth and width as you run boot path; threaten LOA; read FB's flat route; to Te's drag; to SE's post-corer
FB	Slide with playside foot and drive into LOS faking routeto sideline no deep than 3 yards.	KB action; find opening near B gap and run flat
TB	Counter step to playside; run TB counter path; block playside ILB.	
WB	3 Step motion through FB's feet to block playside DE.	
	Coaching Point: QB must get head around ASAP after blocked. If he is logged by OG, QB continues gaining depth & width; if DE comes hard OG kicks DE to sideline and QB pulls up.	

885 Naked



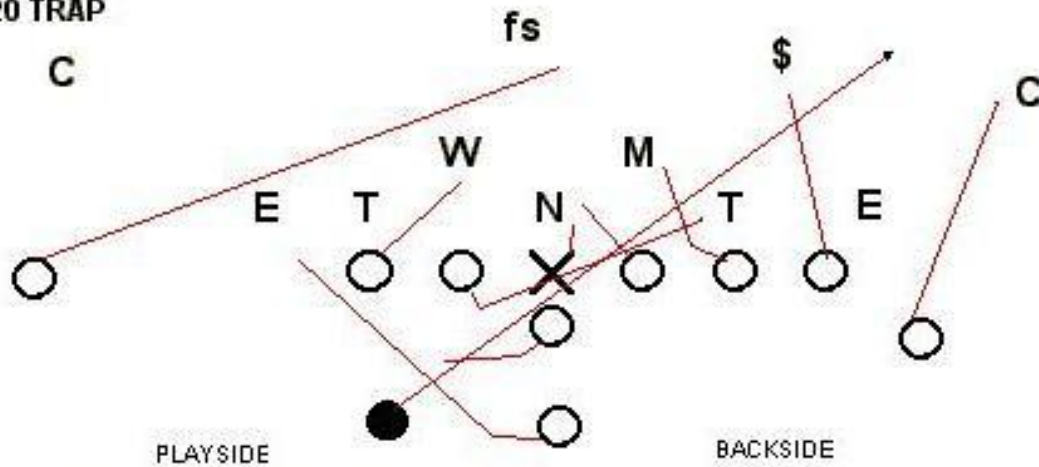
C		
G		
T		
TE	Base block DE for 2 counts; then grab and throw him past you as you release into flat at depth of 2-3 yards.	
SE	Deepest route to occupy S	
QB	Reverse out at 6 o'clock; fake to FB on XB action; give him good ride and extend bare hand with FB and look at him as he passes you; hold ball in belly; don't rush; rub naked boob path and look for TE.	
FB	Fake weak Iso (XB) action.	QB many times has chance to keep ball and run for 1st down or score; look for this opportunity.
TB	Double with WB on backside DE.	
WB	3 step motion thru FB's feet to block backside DE.	
<p>COACHING POINT: Great play in short yardage situations or on goal line; QB's fake is what makes play go; must not rush and should look ball in to FB's pouch and follow him with eyes.</p>		

822 Wham



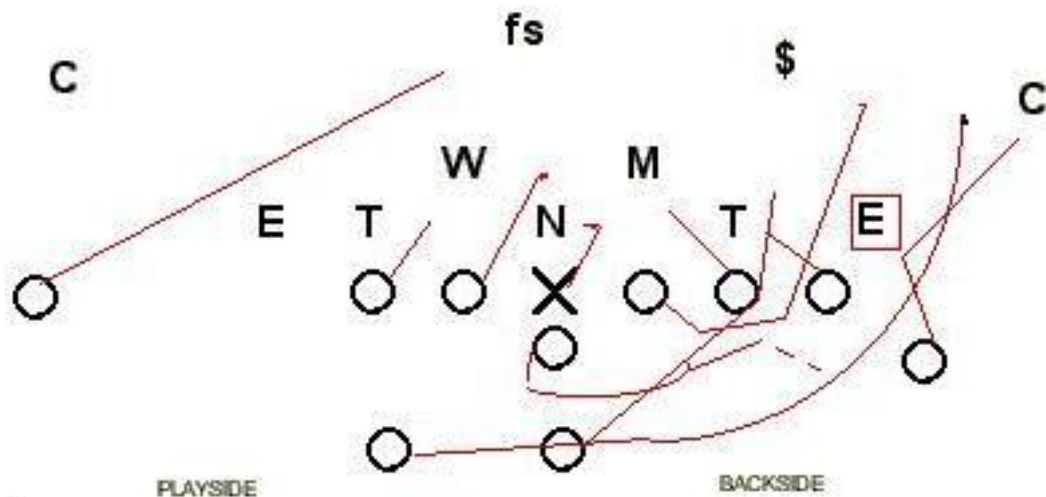
C	Base nose.	
G	Double nose with center.	Step inside to cut off backside ILI
T	Base DT.	Base DT.
TE	Slam DE for 1 count & release to secondary	
SE	Block over middle secondary	
QB	Reverse out, make exchange with TB and boot opposite.	
FB	Open step and crossover, executing lead block on playside ILB.	
TB	Open step, crossover on flat path to butt of playside OG. Follow FB and read lead block(s); hit L square to allow proper cut off block(s).	
WB	Step with inside foot; gain depth before squaring up to POA; attempt to get shoulder-to-shoulder with FB; attack playside ILB.	

820 TRAP



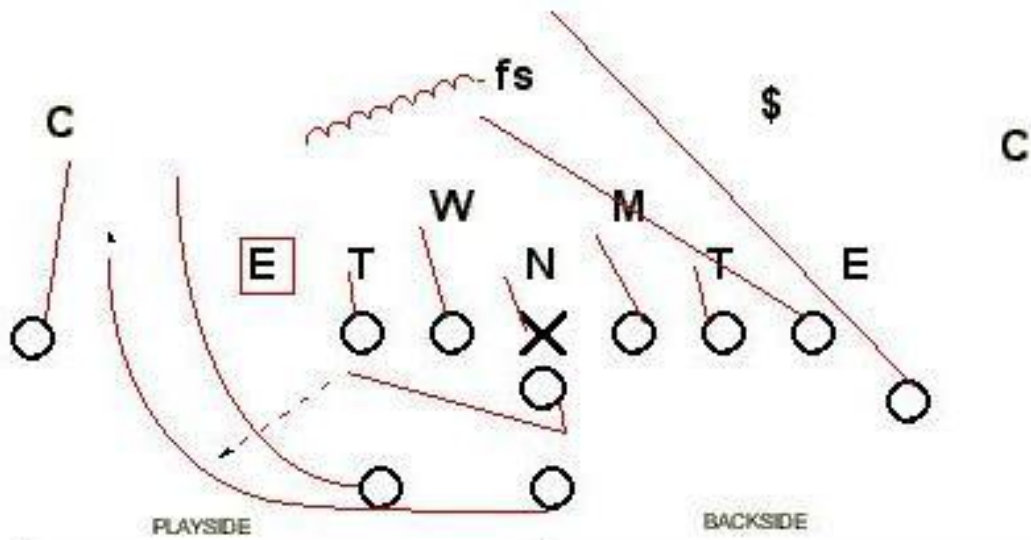
C	Same as 852 Guard Trap.	
G	Same as 852 Guard Trap.	Same as 852 Guard Trap.
T	Same as 852 Guard Trap.	Same as 852 Guard Trap.
TE	Same as 852 Guard Trap.	
SE	Same as 852 Guard Trap.	
QB	Open step to TB; make an immediate exchange; flash fake to FB.	
FB	Step backside and block DE.	
TB	Drive off off-side foot and receive exchange from QB; run trap path at near foot of center; read blocks of trapping OG and OT.	
WB	Base block secondary defender responsible for outside third.	

888 Belly Option



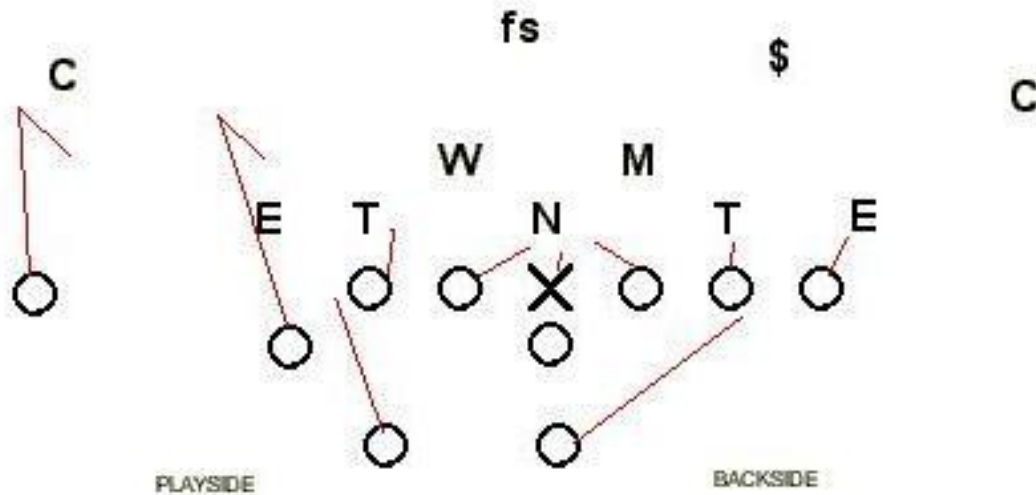
C	Base nose.	
G	Pull and wrap in first available gap (preferably C gap); attack alley defender (SS).	Release inside to cut off backside ILB.
T	Down to inside LB	Base.
TE	Down to near inside down lineman.	
SE	Cut off track to middle third defender.	
QB	Reverse out back to 3 o'clock; short ride to FB; disconnect and attack EMLOS (DE); read and pitch to TB or duck upfield, working back to sideline.	
FB	Open step and drive to outside hip of OT; work short ride with QB; soft fold over ball; after disconnect, block DT to LB to SS - if not tackled.	
TB	Open step, then crossover; run flat then gain depth; run pitch path to sideline working to keep proper pitch relationship with QB.	
NB	Step to DE for influence purposes; release to CB (defender responsible for outside third).	

839 OPTION (lead option weak).



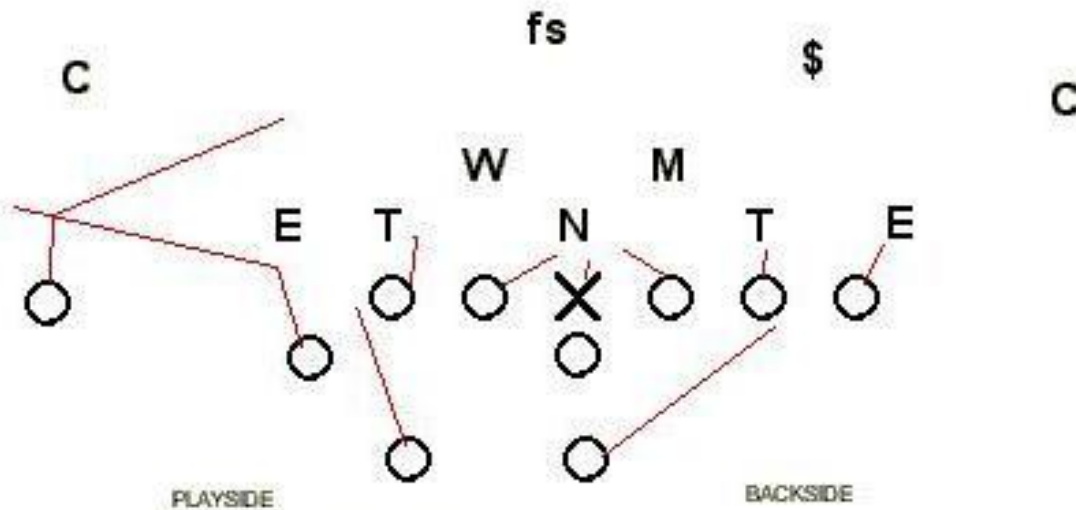
C	Base	
G	Cut off near ILB.	Cut off near ILB.
T	Base	Base
TE	Release inside on track for middle third defender.	
SE	base block outside third defender - run him off or stalk block.	
QB	Step back with away foot; hinge to face DE; attack inside hip of DE; make clean pitch to FB.	
FB	Open step, then crossover; gain some depth as you run option pitch path to sideline; be ready for sudden pitch off hard end.	
TB	Run arc path to block secondary defender responsible for alley run support.	
WB	Release inside and track to middle third defender.	

SLOT 800 - 190 (3 step - 90 series - hitch route)



C		
G	All offensive linemen cut splits in half and base block low to get defende hands down; "build a wall" and allow no penetration.	
T		
TE		
SE	Release 6 yards upfield; plant on outside foot, turn inside and drive back to QB looking for quick pass.	
QB	3 Step drop; throw off third step; read SS if there is one, or ILB.	
FB	Pass protect for QB in 3 step action; drive for outside hip of OT your side and block any defender who shows; block bottom of defender's numbers to get his hands down.	
TB	Same as FB, but to your side of alignment.	
NB	WB in slot on open side; release slightly wider than DE; drive upfield for 5 steps and plant on outside foot and turn inside, driving back toward QB; look for quick pass.	

SLOT 800 - 192 (3 step - 90 series - slant/flat route combo)



C	All linemen - Same as Slot 800 - 190 Hitch.	
G		
T		
TE		
SE	Drive upfield and plant 3rd step and make slant route cut off outside foot; get head around for early release by QB.	
QB	3 Step drop; throw off third step; read SS if there is one, or ILB; if no SS to playside, pass should go to flat route as ILB cannot cover this receiver; defense must use cover 2 to have a chance defending this pass.	
FB	Pass protect for QB in 3 step action; drive for outside hip of OT your side and block any defender who shows; block bottom of defender's numbers to get his hands down.	
TB	Same as FB, but to your side of alignment.	
VB	WB in slot - run flat route; on 2nd step, plant and run to sideline at 2-3 yards depth; get head around for early release by QB.	

SLOT 960 FLOOD PASS (60 is Sprintout Series)



C	All offensive linemen use a step-hinge technique and step first to playside gap; if a
G	defender shows, they then hinge backside to pick up any penetration. If on the
T	playside step a defender shows, linemen lock on and drive defender to sideline.
TE	Dashed line shows possible drag route of TE if backside C gap and/o
SE	trail DE is not a threat.
QB	Run take of route (9 route) vertical past CB deep; look for ball over inside
FB	shoulder.
TB	Open step at 5 o'clock, cross over; gain depth and width to a position about 7-8 yard
WB	deep behind playside OT; begin to turn upfield and attack LOS; read short, middle
	then deep route.
	Open step and attack DE, using arc like path to block him as square as possible to
	LOS to prevent driving him toward QB's path.
	Aligned on open or SE side, run flat route at depth of 2-3 yards; get head around
	quickly.
	Aligned on open or SE side, release outside and drive upfield and run an out at
	yards; get head around quickly; run a precise squared route.