

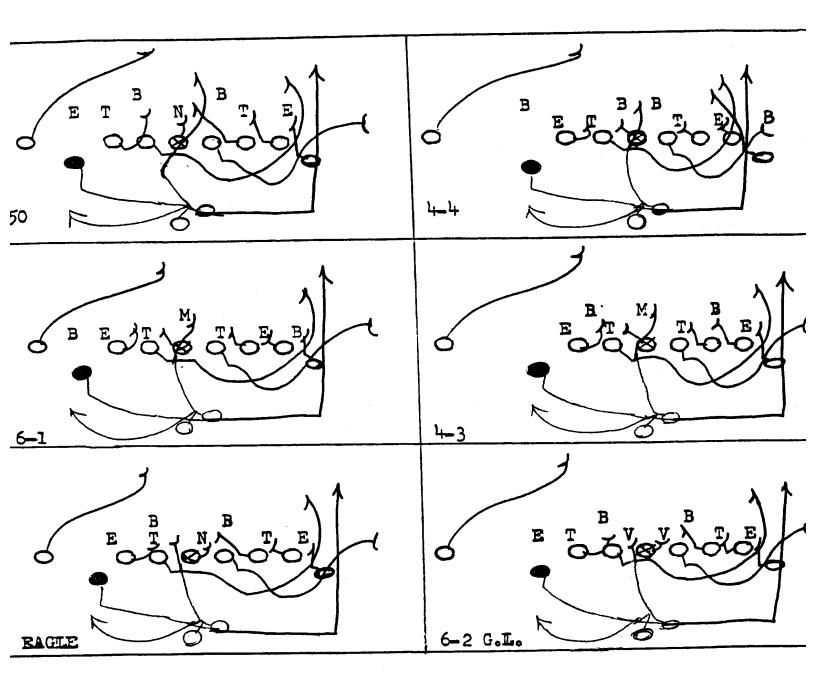
653 BUSHKILL ST. EASTON, PA 18042 610/253-3400

TOLL FREE: (800) 248-0019

OFFENSE

RECONDITIONERS	YR.
TEAM	0 00000
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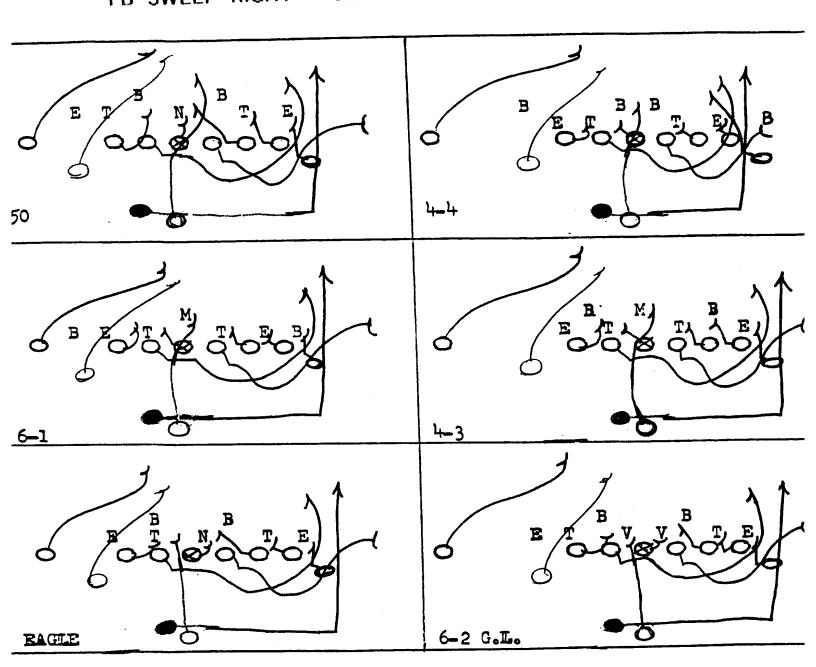
SWEEP RIGHT - GRAY ACE RIGHT FORMATION



- F.S.E. Gap Read Down
- F.S.T. Gap Read Down
- F.S.G. Pull, kick out or log 1st man past HB's block
- C Reach, area, left
- B.S.G. Pull, read block of F.S.G., seal or kick out
- B.S.T. Fill Release
- B.S.E. 2nd level

- QB Fake trap left, give inside hand-off to LH, run Waggle
- LH Carrier: Receive inside hand-off, read block at flank
- RH Gap Read Down
- FB Dive for left foot of Center, read block of Center, check blitz, release down field

FB SWEEP RIGHT - GOLD ACE RIGHT FORMATION

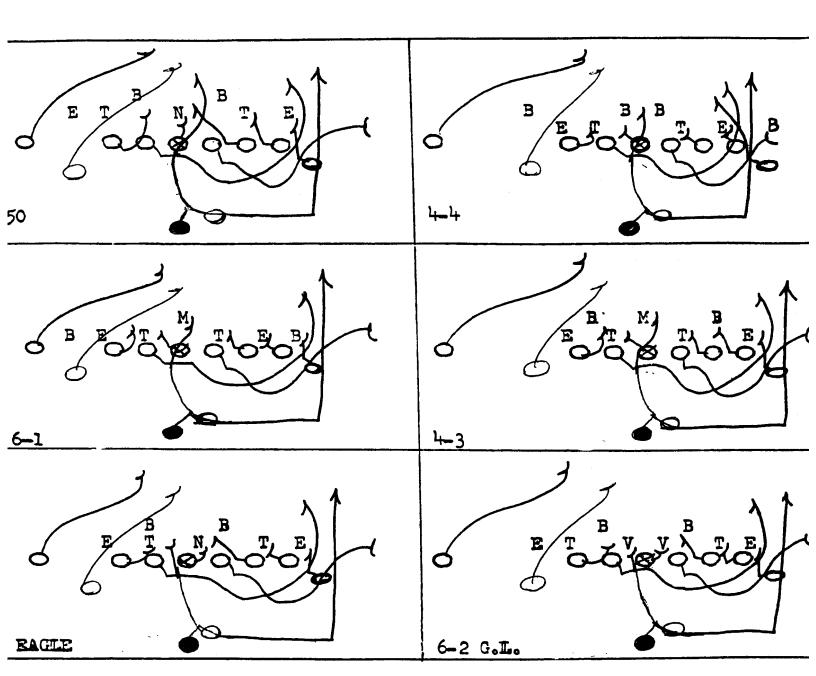


- F.S.E. Gap Read Down
- F.S.T. Gap Read Down
- F.S.G. Pull, kick out or log 1st man past HB's block
- C - Reach, area, left
- B.S.G. Pull, read block of F.S.G., seal or kick out
- B.S.T. Fill Release

B.S.E. - 2nd level

- QB Give inside hand-off to FB, run QB trap left
- LH 2nd level
- RH Gap Read Down
- FB Carrier: Receive inside handoff QB, read blocks at flank

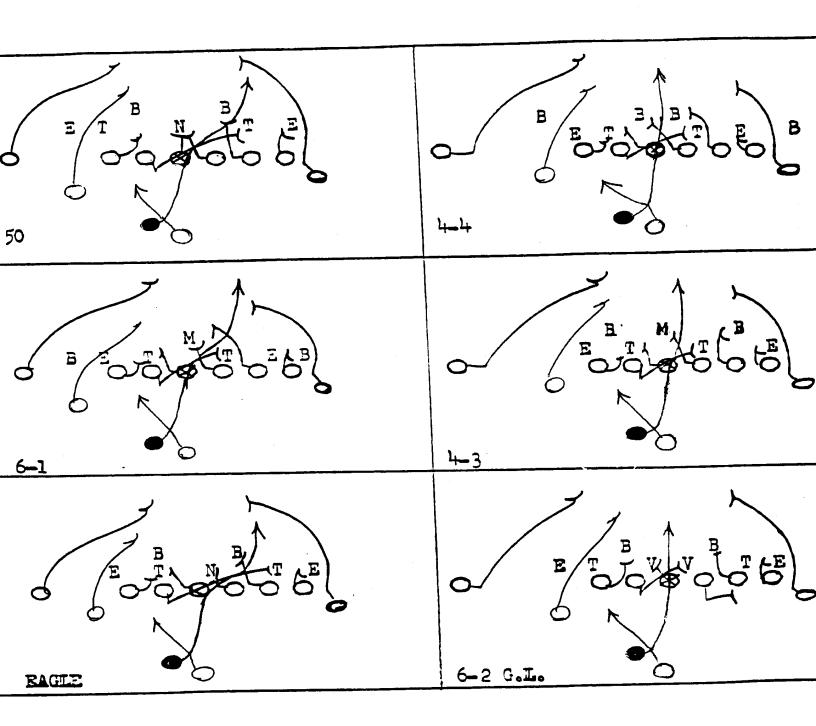
QB SWEEP RIGHT - GRAY ACE RIGHT FORMATION



- F.S.E. Gap Read Down
- F.S.T. Gap Read Down
- F.S.G. Pull, kick out or log 1st man past HB's block
- C Reach, area, left
- B.S.G. Pull, read block of F.S.G., seaf or kick out
- B.S.T. Fill Release
- B.S.E. 2nd level

- QB Fake inside hand-off to FB, read blocks at flank
- LH 2nd level
- RH Gap Read Down
- FB Fake trap left

TRAP RIGHT - GOLD ACE RIGHT FORMATION



F.S.E. - Gap - On - Backer

F.S.T. - 1st backer from center, influence

F.S.G. - Dog (lead), backer, influence

C - Dog (Post), gap away

B.S.G. - Pull, inside out, trap 1st man from Center

B.S.T. - Fill Release

B.S.E. - 2nd level

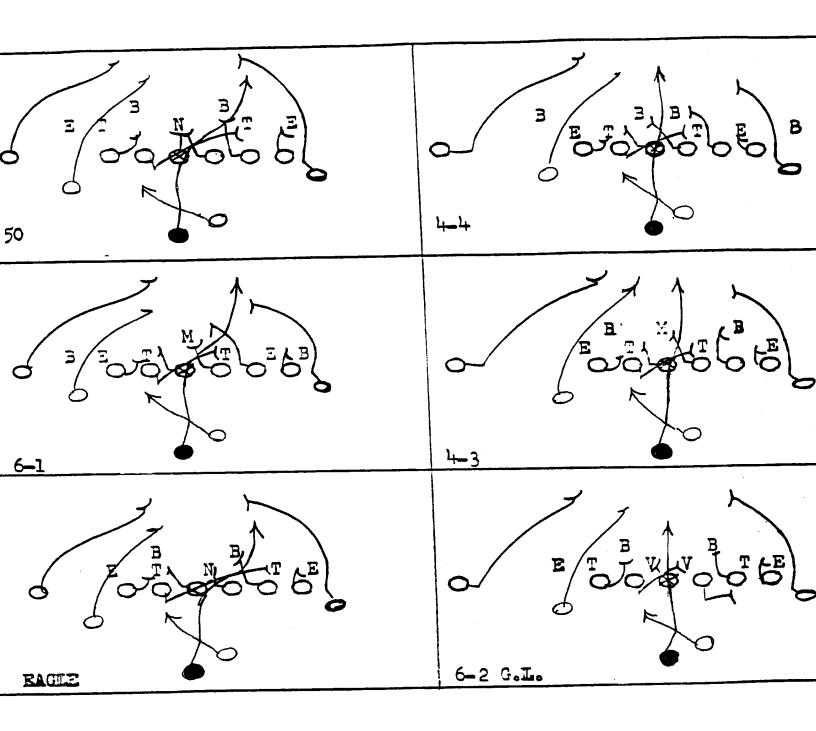
QB - Give FB inside hand off Fake QB belly left

LH - 2nd level

RH - Step down, influence, 2nd level

FB - Carrier: Aim for butt of center and receive inside hand off

QB TRAP RIGHT - GRAY ACE RIGHT FORMATION



F.S.E. - Gap - On - Backer

F.S.T. - 1st backer from center, influence

F.S.G. - Dog (lead), backer, influence

- Dog (Post), gap away

B.S.G. - Pull, inside out, trap 1st man from Center

B.S.E. - 2nd level

B.S.T. - Fill Release

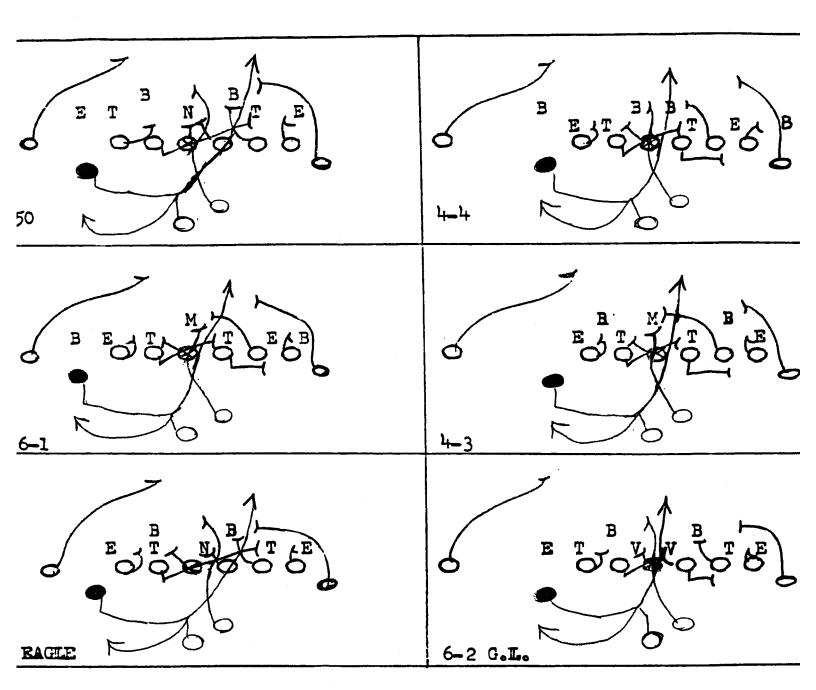
QB - Fake inside handoff to FB, Run QB trap right

LH - 2nd level

RH - Step down, influence, 2nd level

FB - Aim for left foot of center and block area

HALFBACK TRAP RIGHT - GRAY ACE RIGHT FORMATION

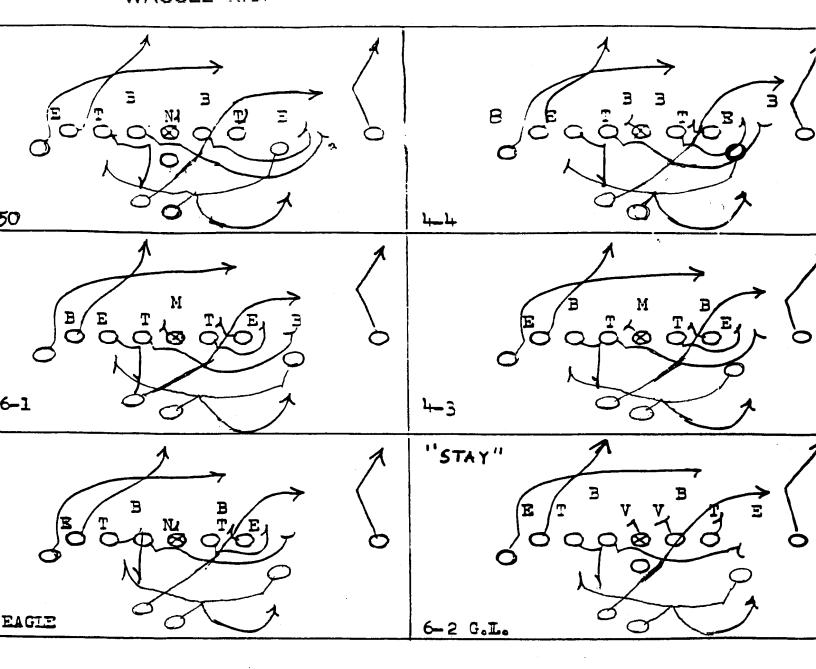


- F.S.E. On, Backer
- F.S.T. 1st LB From Center
- F.S.G. Gap, Dog (Lead), Influence - Block Right
 - C Dog (Post), Gap Away
- B.S.G. Pull, Trap 1st Man On or Outside F.S.G.
- B.S.T. Fill Release

B.S.E. - Downfield

- QB Fake trap left, Give Inside Handoff to LH, Carry out Waggle
- LH Ball Carrier: Plant on Left Foot, Receive Inside Handoff, Follow FB Through Hole
- RH 2nd Level
- FB Run Trap Course, Block Backside LB

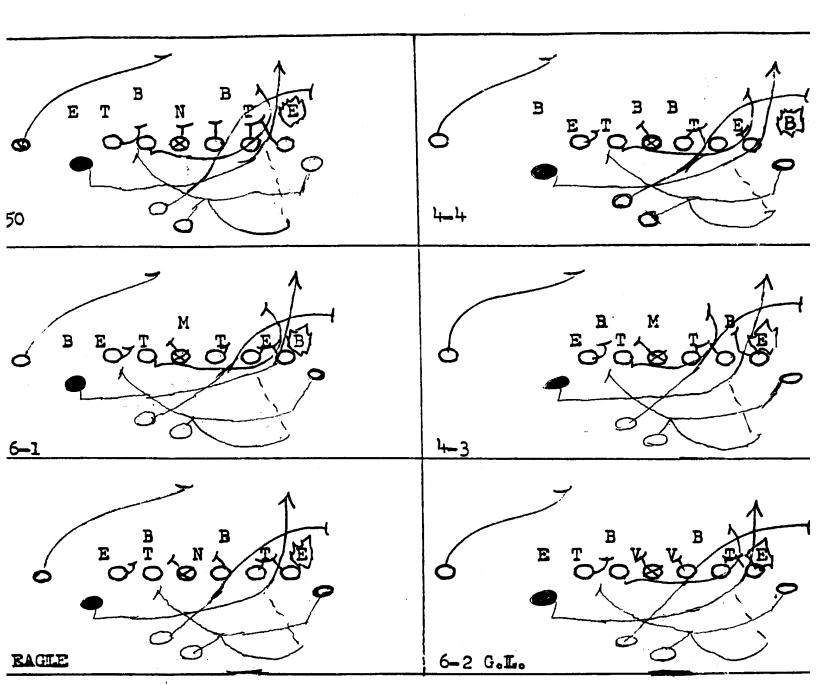
WAGGLE RIGHT - GOLD ACE LEFT FORMATION



- F.S.E. Run flag pattern (6 cut)
- F.S.T. Married to DT (Off Call NG)
- F.S.G. Pull, hook 1st man outside tackle's block (stay vs G.L.), seal inside
- C Reach, area, left
- B.S.G. Pull, gain depth, read block of F.S.G.
- B.S.T. Fill and cup
- B.S.E. Run seam route

- QB fake sweep left, force corner at a depth of 6 yds., run/ pass option
- LH Influence, run drag route
- RH Fake sweep, block 1st man outside tackle's block
- FB Dive for inside leg of guard, check for blitz, slip into flat (2 cut)

SHUFFLE PASS RIGHT - GOLD ACE RIGHT FORMATION

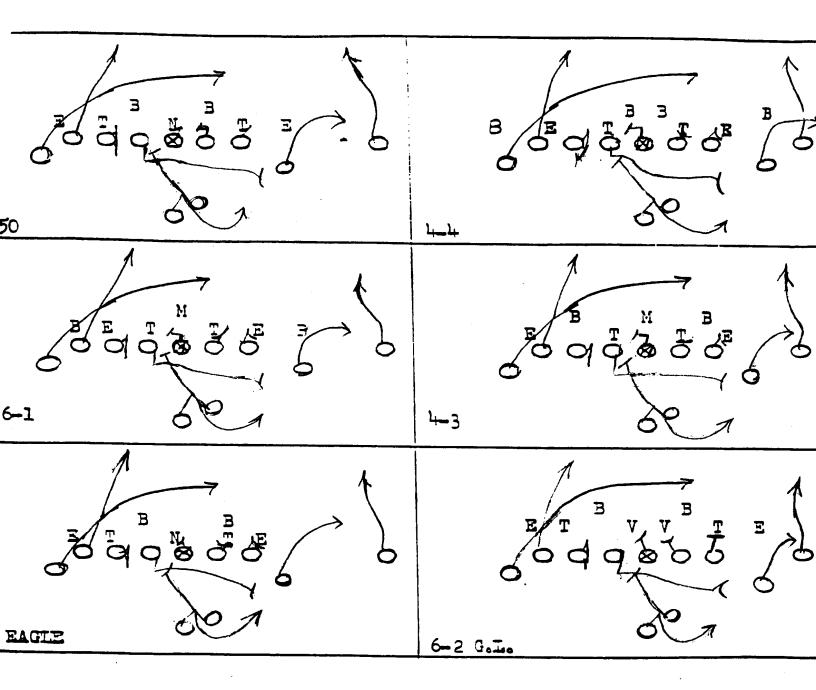


- F.S.E. TIGHT: Gap, Dog (Lead), Backer SPLIT: Stalk
- F.S.T. Gap, ODD: Dog (Post) EVEN: Dog (Lead)
- F.S.G. Gap, Area, Dog (Post)
 - C On, Area, Left
- B.S.G. Pull through hole, Seal
- B.S.T. Fill Release

B.S.E. - Cut Off

- QB Fake Waggle right, Option DE, Shuffle to LH or Keep Ball
- LH -Run to Playside at a Depth of 3 Yards, Catch Shuffle
- RH Fake Waggle Right
- FB Run Waggle Course into Flat, **Block Force**

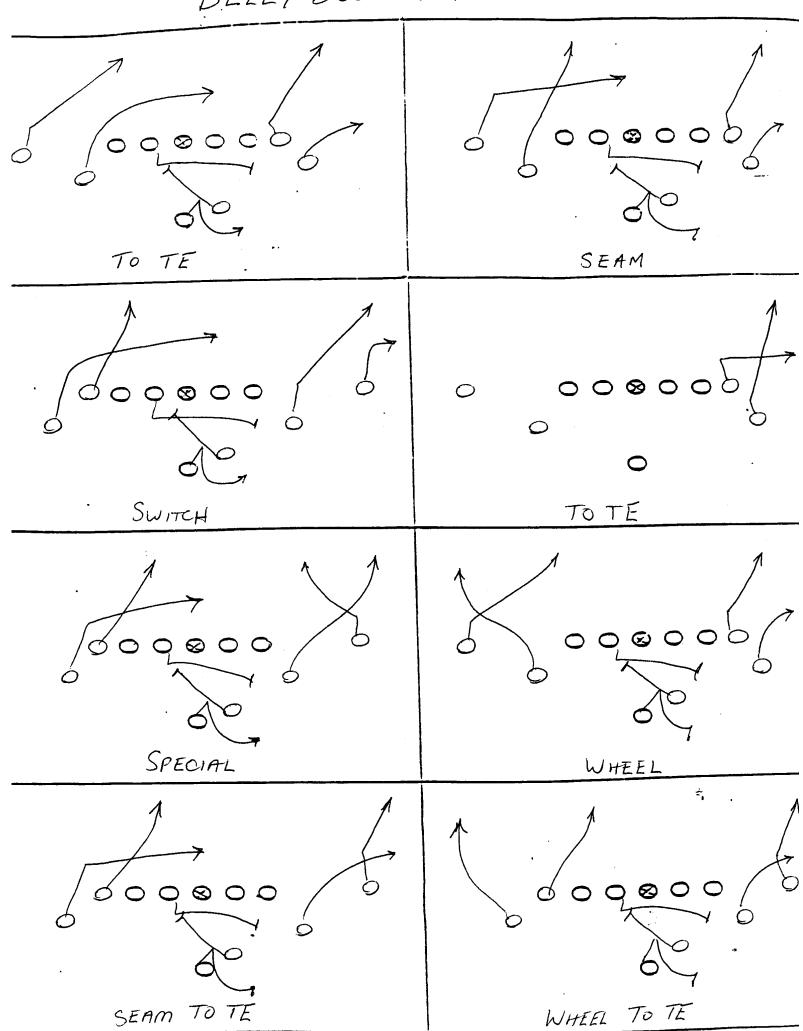
BELLY BOOTLEG RIGHT - GRAY ACE LEFT FORMATION



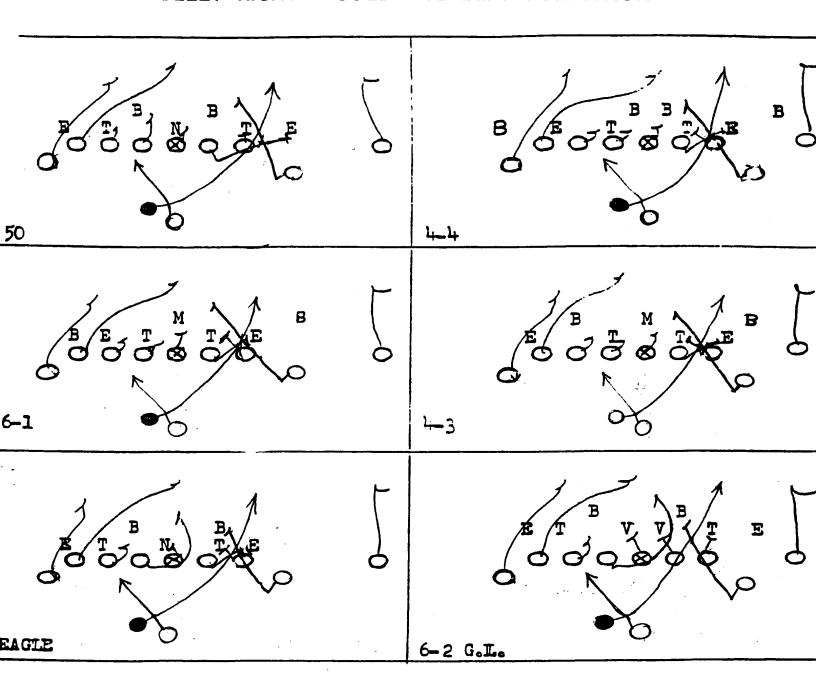
- F.S.E. SPLIT: Run Skinny Post (1 Cut) TIGHT: Run flag pattern (6 cut)
- F.S.T. Gap, On, Outside
- F.S.G. Gap, On, Area, Inside
- C On, Left
- B.S.G. Pull (get depth). Block 1st man past Tackle's block
- B.Ş.T. Step and Cup
- B.S.E. Run post pattern (7 cut)

- QB fake inside handoff to FB, roll out, set up inside leg of Tackle at depth of 7 yards
- LH Influence, run drag route
- RH run flat route, (2 cut)
 - FB Fake trap left, block area

BELLY BOOTLEG VARIATIONS



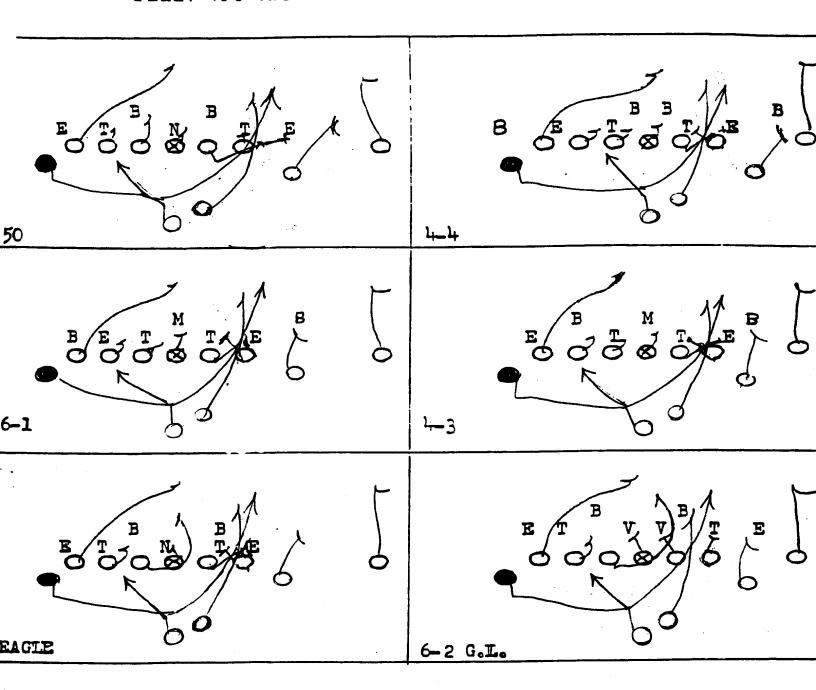
BELLY RIGHT - GOLD ACE LEFT FORMATION



- F.S.E. Stalk, 2nd level
- F.S.T. Married to Tackle, able (Off Call NG)
- F.S.G. Pull, kick out 1st man past Tackle's block, able
- C Reach, gap away
- B.S.G. Reach, Houston, Texas
- B.S.T. Reach, Texas
- B.S.E. 2nd Level

- QB Give inside handoff to FB, fake QB belly left
- LH 2nd level
- RH Drop step, aim for tail of Tackle, read block of Tackle, block 1st LB from center
- FB Carrier: Receive inside handoff, aim for inside foot of Tackle, read block of Tackle

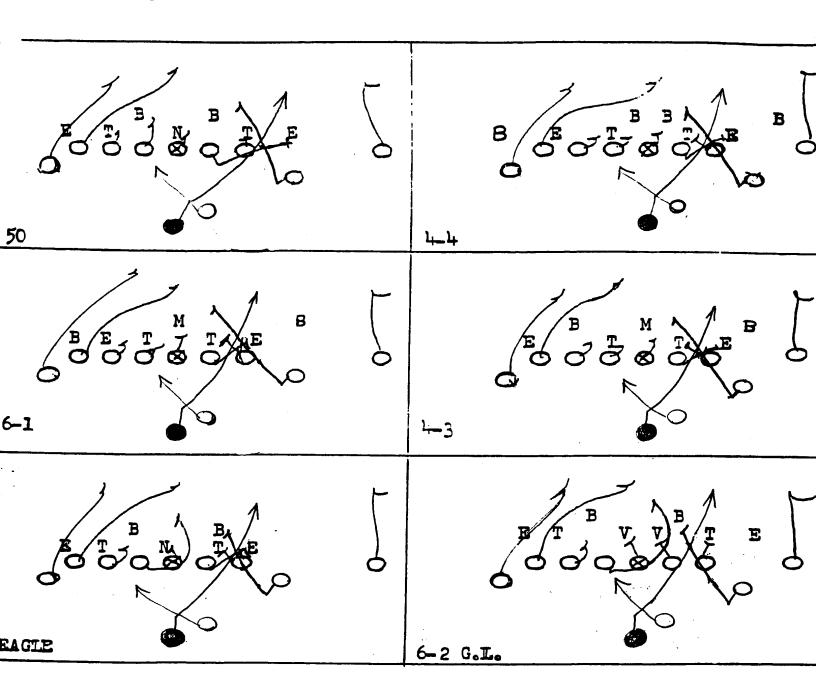
BELLY ISO RIGHT - GRAY ACE LEFT FORMATION



- F.S.E. Stalk, 2nd level
- F.S.T. Married to Tackle, able (Off Call NG)
- F.S.G. Pull, kick out 1st man past Tackle's block, able
- C Reach, gap away
- B.S.G. Reach, Houston, Texas
- B.S.T. Reach, Texas
- B.S.E. 2nd Level

- QB Give inside handoff to LH, fake QB belly left
- LH Run directly for hole, receive inside handoff, read butt of tackle
- RH Drop step, aim for tail of Tackle, read block of Tackle, block 1st LB from center, block outside
- FB Run directly for hole, read butt of tackle, block LB

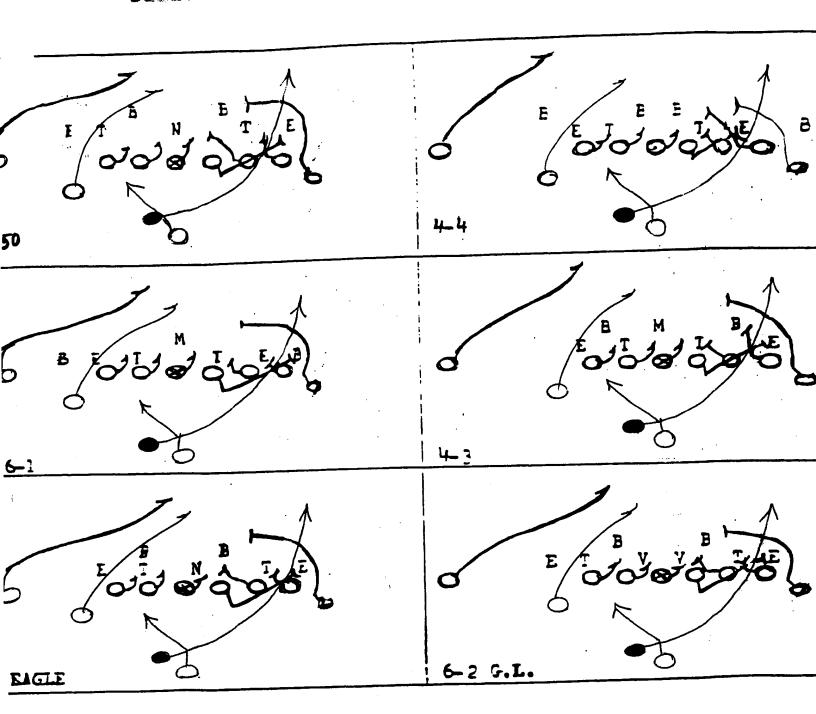
QB BELLY RIGHT - GRAY ACE LEFT FORMATION



- F.S.E. Stalk, 2nd level
- F.S.T. Married to Tackle, able (Off Call NG)
- F.S.G. Pull, kick out 1st man past Tackle's block, able
- C Reach, gap away
- B.S.G. Reach, Houston, Texas
- B.S.T. Reach, Texas
- B.S.E. 2nd Level

- QB Fake inside handoff to FB, run QB belly right
- LH 2nd level
- RH Drop step, aim for tail of Tackle, read block of Tackle, block 1st LB from center
- FB Fake trap left, block area

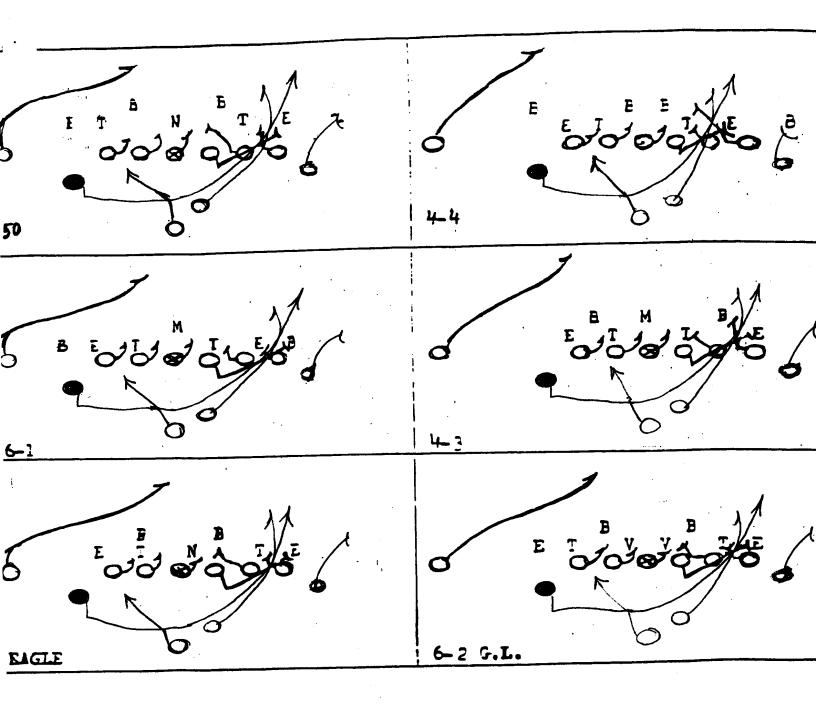
BELLY DOWN RIGHT - GOLD ACE RIGHT FORMATION



- F.S.E. Gap Read Down
- F.S.T. Gap Read Down
- F.S.G. Pull, kick out 1st man past tackle
- C Reach, gap away
- B.S.G. Reach, Houston
- B.S.T. Reach
- B.S.E. 2nd Level

- QB Give inside handoff to FB, Fake QB belly left
- LH 2nd level
- RH Step down, influence, block 1st LB from Center, block outside
- FB Carrier: Slash course for inside foot of TE

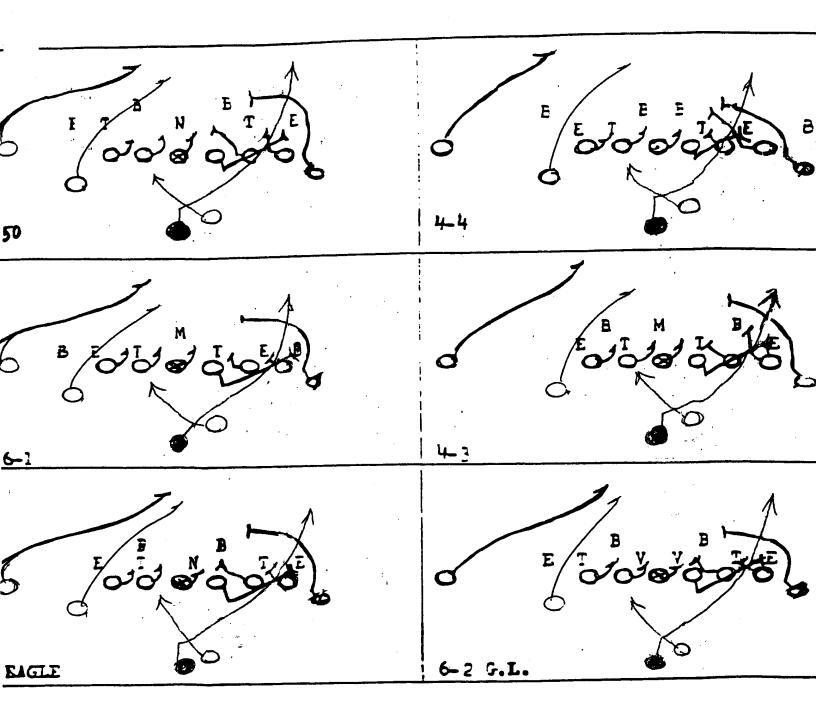
DOWN ISO RIGHT - GRAY ACE RIGHT FORMATION



- F.S.E. Gap Read Down
- F.S.T. Gap Read Down
- F.S.G. Pull, kick out 1st man past tackle
- C Reach, gap away
- B.S.G. Reach, Houston
- B.S.T. Reach
- B.S.E. 2nd Level

- QB Give inside handoff to LH, run QB belly left
- LH Run directly for hole, Receive inside handoff, read butt of tackle
- RH Step down, influence, block 1st LB from Center, block outside
- FB Run directly for hole, read butt of tackle, block LB

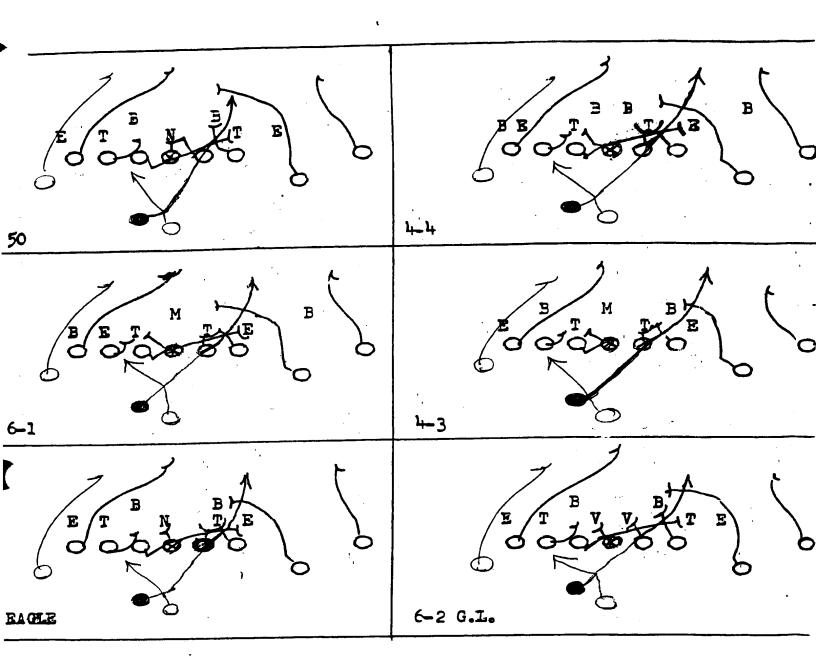
QB DOWN RIGHT - GRAY ACE RIGHT FORMATION



- F.S.E. Gap Read Down
- F.S.T. Gap Read Down
- F.S.G. Pull, kick out 1st man past tackle
- C Reach, gap away
- B.S.G. Reach, Houston
- B.S.T. Reach
- B.S.E. 2nd Level

- QB Fake inside handoff to FB, run QB down right
- LH 2nd level
- RH Step down, influence, block 1st LB from Center, block outside
- FB Fake trap left

WEAK TRAP RIGHT - GOLD ACE LEFT FORMATION



F.S.E. - TIGHT: Gap ,On, Backer SPLIT: Stalk

F.S.T. - Dog (Lead), Backer

F.S.G. - Dog (Lead), Dog (Post), Backer

C - Dog(Post), gap away

B.S.G. - Pull, inside out, trap 1st man from Guard's Block

B.S.T. - Fill Release

B.S.E. - 2nd level

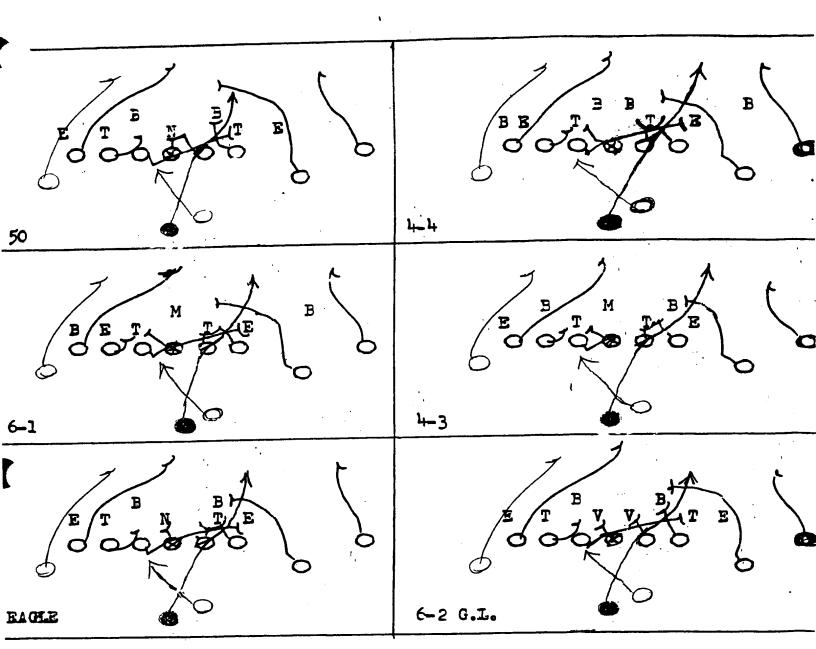
QB - Inside Hand off to FB, fake QB belly left

LH - 2nd level

RH - 2nd level

FB - Carrier: Aim for outside leg of guard

QB WEAK TRAP RIGHT - GRAY ACE LEFT FORMATION



F.S.E. - TIGHT: Gap ,On, Backer SPLIT: Stalk

F.S.T. - Dog (Lead), Backer

F.S.G. - Dog (Lead), Dog (Post), Backer

C - Dog(Post), gap away

B.S.G. - Pull, inside out, trap 1st man from Guard's Block

B.S.T. - Fill Release

B.S.E. - 2nd level

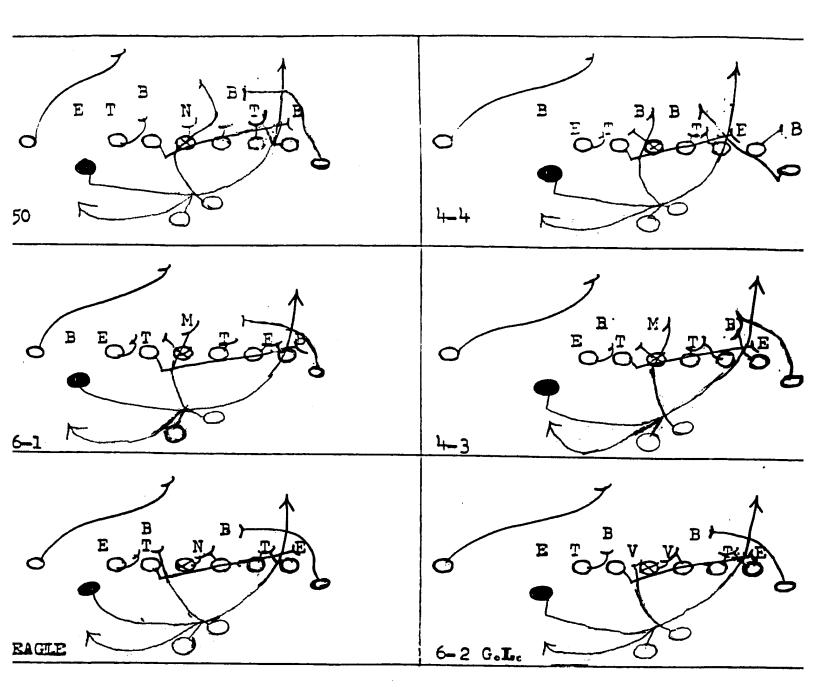
QB - Fake Inside Hand off to FB, aim for outside leg of guard

LH - 2nd level

RH - 2nd level

FB - Fake trap left , block area

LONG TRAP RIGHT - GRAY ACE RIGHT FORMATION

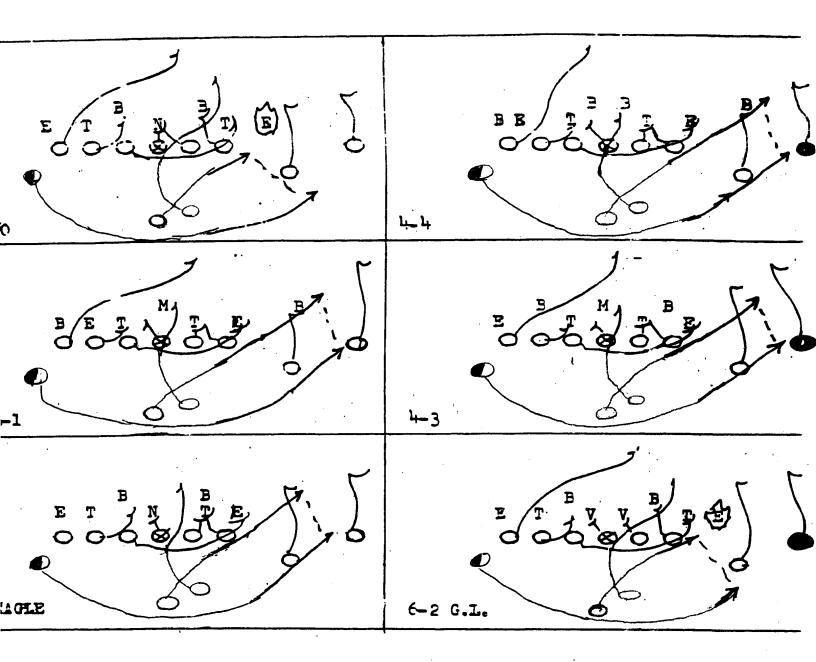


- F.S.E. EVEN: Backer, block outside ODD: Dog (Lead)
- F.S.T. EVEN: Dog (Lead) ODD: Dog (Post)
- F.S.G. EVEN, Dog (Post), Reach, Gap ODD: Area
- C - On, area, left
- B.S.G. Trap 1st man past Tackle
- B.S.T. Fill release

B.S.E. - 2nd level

- QB Fake trap left, inside hand-off to LH Fake Waggle
- LH Carrier: Run directly for hole Receive inside hand off
- RH Step down, influence, block 1st backer past center
- FB Fill at left leg of Center, read block of Center, check for blitz, release down field

TRAP OPTION RIGHT - GRAY ACE LEFT FORMATION



F.S.E. - Crack 2, Stalk 1

F.S.T. - Gap, EVEN: Dog (Lead), ODD: Backer

F.S.G. - Gap, EVEN: Dog (Post), ODD Dog (Lead)

C - Dog (Post), Gap away

B.S.G. - Pull, Log 1st man past Tackle

B.S.T. - Fill Release

B.S.E. - 2nd level

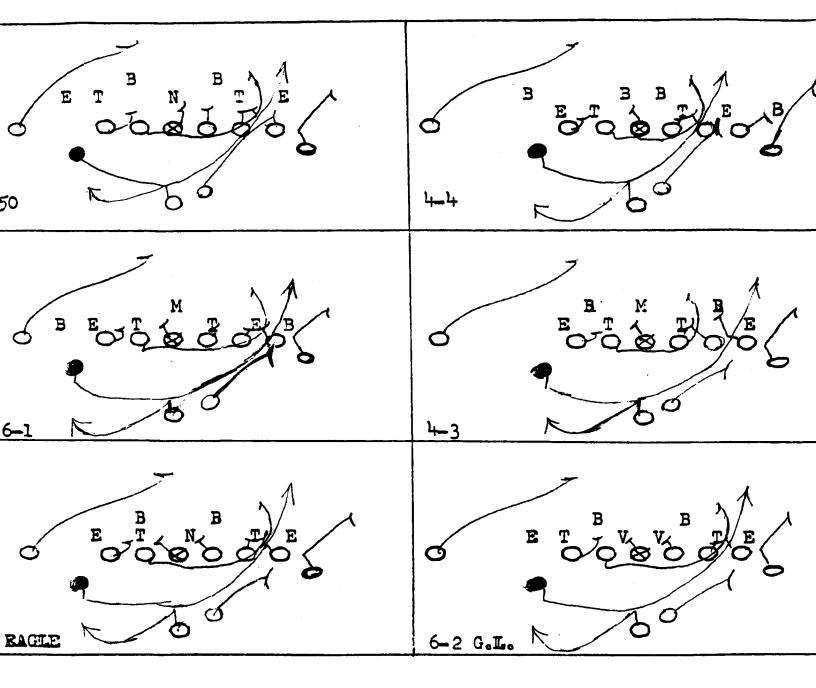
QB - Fake inside handoff to FB, then execute option right

LH - Take off on snap, run option path, look for pitch

RH - Check 2, Stalk 1

FB - Fake Trap left, Block if not tackled (release downfield)

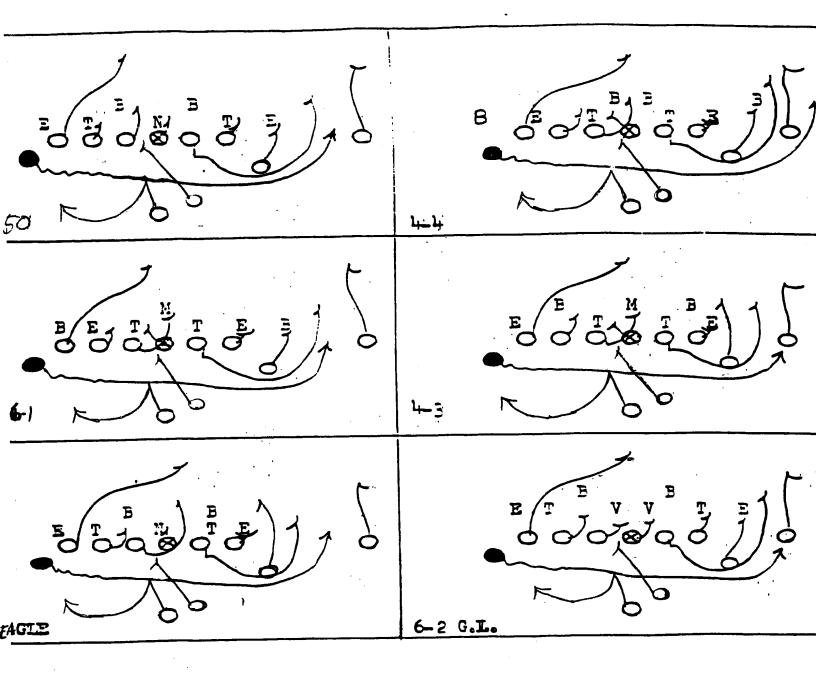
POWER RIGHT - GRAY ACE RIGHT FORMATION



- F.S.E. Gap, ODD: Dog (Lead)
 - EVEN: Backer, influence, block right
- F.S.T. Gap, ODD: Dog (Post)
 - EVEN: Dog (Lead)
- F.S.G. Gap, ODD: Area
 - EVEN: Dog (Post)
- C Gap, Reach, Area
- B.S.G. Pull, hug dog block, seal, (STAY vs BLITZ)
- B.S.T. Fill Release
- B.S.E. 2nd level

- QB Give inside hand-off to LH, carry out Waggle
- LH Carrier: Run directly towards hole, (odd-butt of tackle, even inside leg of tackle)
- RH Step down, influence, block 1st man outside
- FB Cross over for inside leg of tackle, kick out 1st man to show

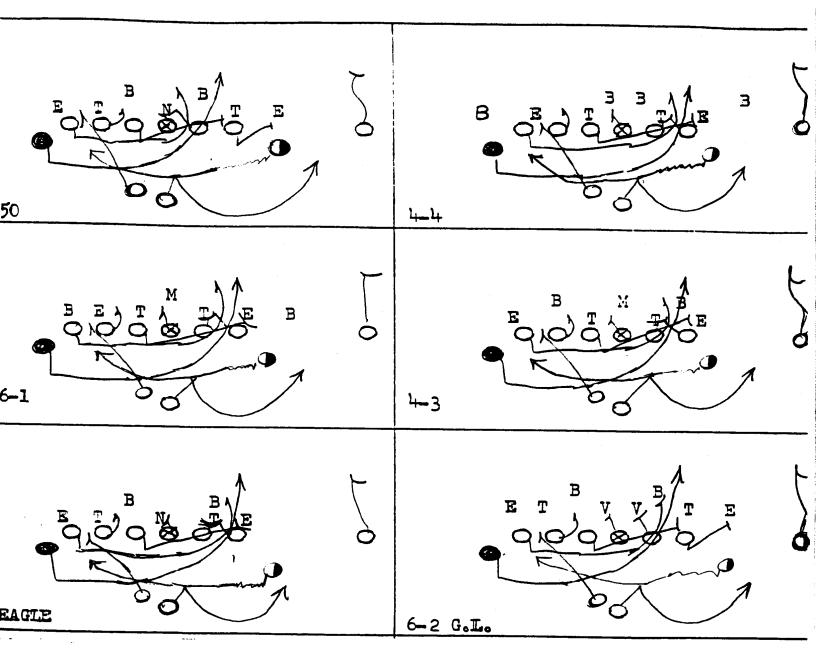
JET SWEEP RIGHT - GRAY ACE LEFT FORMATION



- F.S.E. SPLIT: Stalk, TIGHT: Reach
- F.S.T. Block 1st Man Outside "B" Gap (Switch)
- F.S.G. Pull, Lead Up Field (vs. Gap - Close Split To 1 Ft.)
 - C Reach, Houston
- B.S.G. Pull Around Center's Block, Seal
- B.S.T. Reach
- B.S.E. 2nd Level

- QB Snap Ball When LH Is At "B" Gap, Give Inside Hand Off To LH, Carry Out Waggle Left
- LH Carrier: Come In "Rip" Motion, Receive Hand Off, Run To Sideline
- RH Block 1st Free Man Outside Tackle's or TE's Block (Switch)
- FB Dive For Left Foot Of Center, Block Area

COUNTER XX RIGHT - GOLD ACE LEFT FORMATION



F.S.E. - Stalk

F.S.T. - Gap, ODD : Influence Block Right EVEN: Dog (Lead)

F.S.G. - Gap, ODD: Dog (Lead) EVEN: Dog (Post)

> C - ODD: Dog (Post) EVEN: Gap Away, Area

B.S.G. - Pull, Trap 1st Man Past Dog Block

B.S.T. - Fill Release No TE - Pull, Lead Through Hole, Seal

B.S.E. - Pull, Lead Through Hole, Seal QB - Give Inside Handoff to RH, Bootleg

LH - Carrier: Leave at Snap, Receive Inside Handoff From RH, Aim For Tail Of F.S.G.

RH - From "Liz" Motion, Receive Handoff From QB, Give Ball Inside to LH, Fake Power Left

FB - Dive for Outside Leg of Tackle, Block Area

THE PASSING GAME

QB steps and types of blocking will be determined by either a word or numbers.

1 NUMBER OR

PATTERN CALLED

3 step drop for QB, fire blocking frontside, step and cup backside(ex. Raider/2

RT/LT),

2 NUMBERS

sprint out steps for QB, sprint out blocking by linemen (ex. 52 RT/LT)

Fire blocking rules:

TE &LINEMEN

F.S.T. Gap, On, Outside, F.S.G. - GAP, On, Inside, C - Reach, Area, Backside

Backside: Step inside and cup

HB

1st color off tackle's hip opposite FB (Step for aiming point of inside leg of T/TE)

FΒ

1st color off tackle's hip opposite HB (Step for an aiming point of inside leg of T/TE)

WB

Come in motion and run seam route or run frontside pattern called

FL

Run Frontside pattern called

Numbering of receivers (2 numbered patterns)

1st number is widest receiver's pattern (#1 Rec.).

2nd number is inside receiver's pattern (#2 Rec.).

Rip or Liz motion - HB will run flat pattern (2 cut) (No Number - Block)

B.S.E. TE: Seam, SE: Post (7 Cut) (With Motion, Close Form., or Trips - Drag)

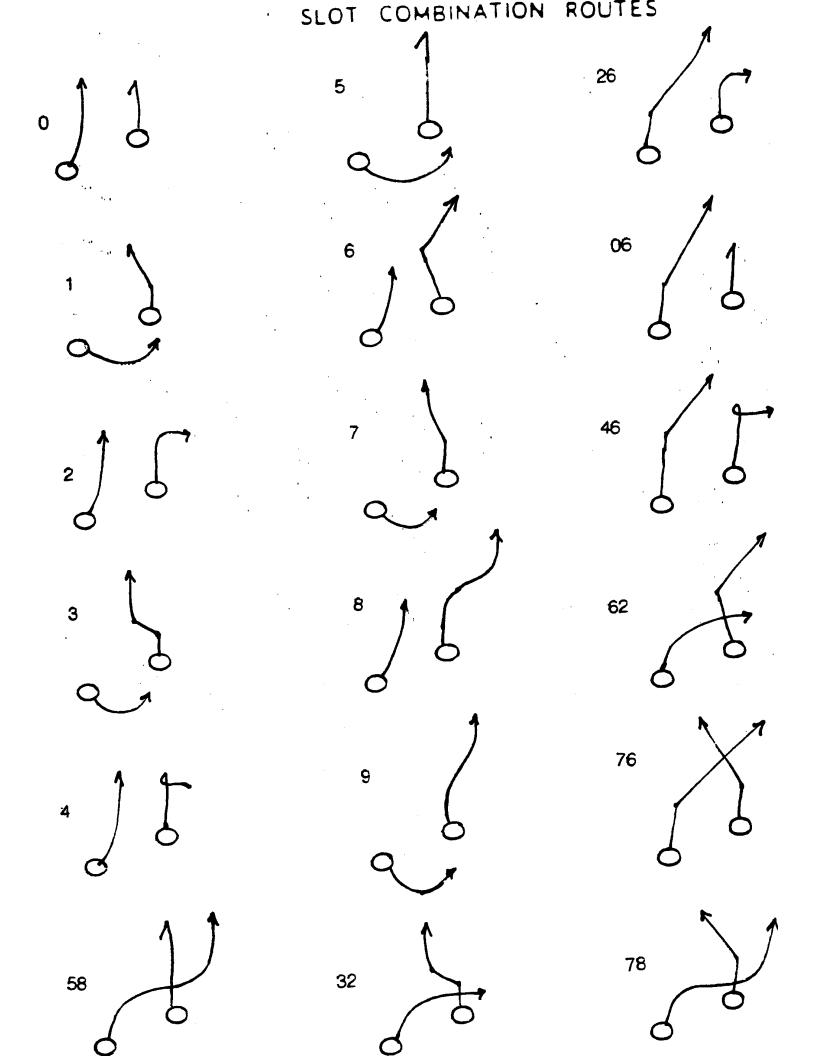
B.S.H.B. - Drag Pattern (Close Form. - Drag)

1 Numbered Patterns:

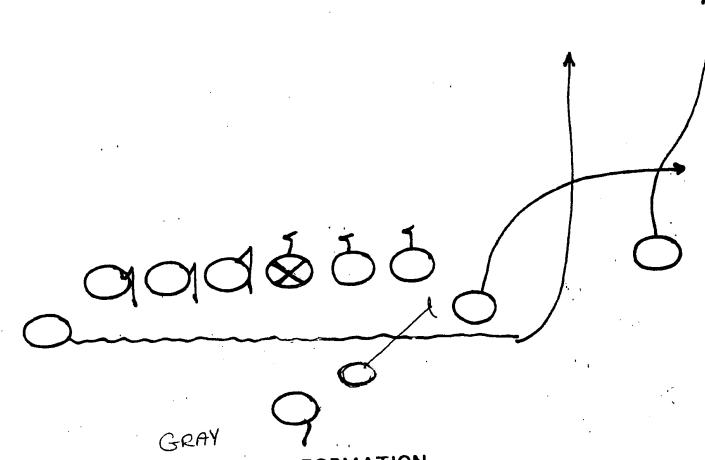
Frontside receiver - Run pattern called

Backside receiver - Run Frontside Pattern Called

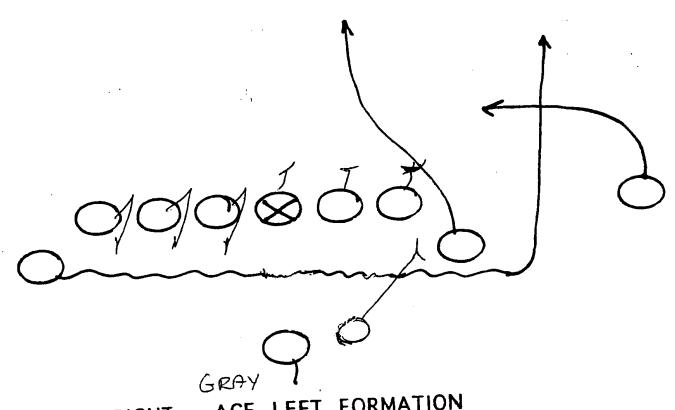
TE/HB (Frontside) - Run Complimentary Pattern - If Pattern is Odd - Swing, Even - Seam



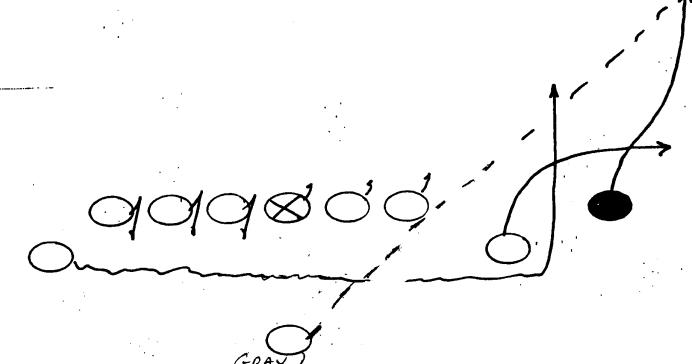
VARIATIONS OF THE 3 STEP TRIPS GAME:



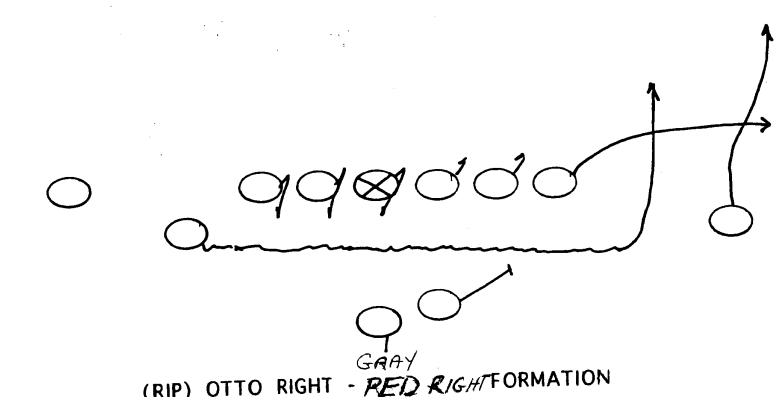
(RIP) BANDIT RIGHT - ACE LEFT FORMATION



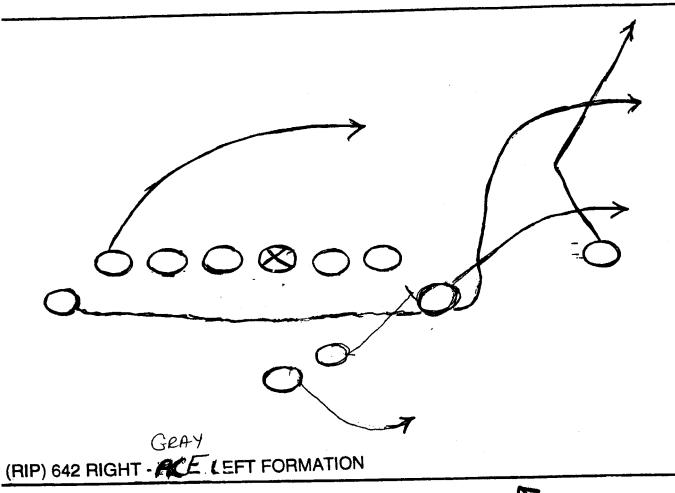
(PID) RAIDER RIGHT - ACE LEFT FORMATION



(RIP) ROCKET RIGHT - ACE LEFT FORMATION



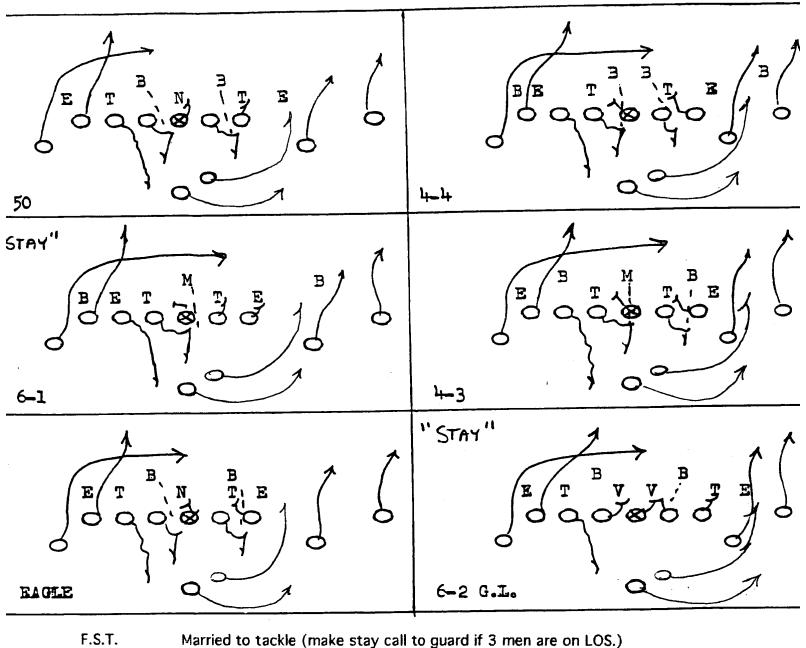
VARIATIONS OF TRIPS FLOOD PASSING GAME



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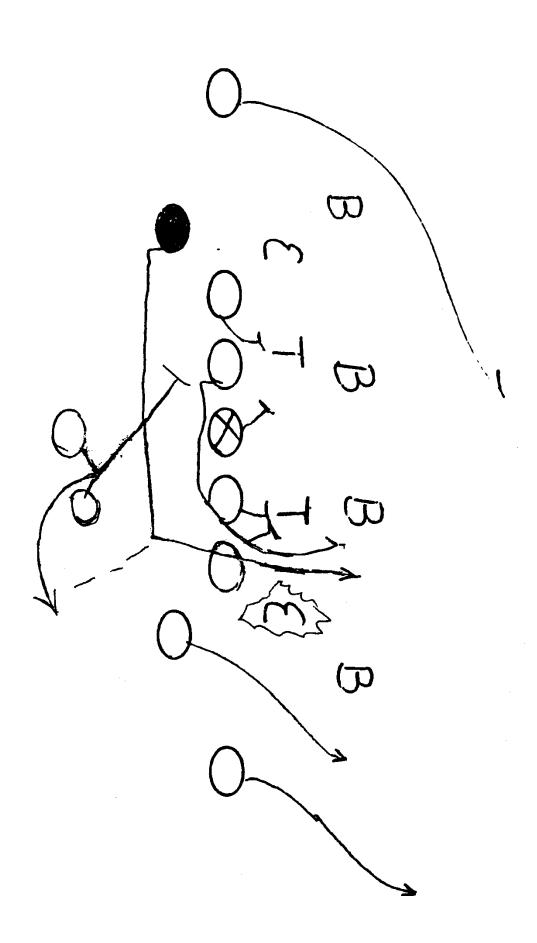
(RIP) 782 RIGHT - PACE LEFT FORMATION

SPRINTOUT BLOCKING RULES



- F.S.T. Married to tackle (make stay call to guard if 3 men are on LOS.)

 IF Stay Call By Guard Check For Blitz, Check Back Inside
- F.S.G. Pull and stack behind tackle, check for blitz, check back inside (Stay Call Reach (fire)
- C Reach (fire), gap away (left)
- B.S.G. Pull and stack behind center, check for blitz, check backside (Stay call Reach (fire))
- B.S.T. Step inside and give ground end up where FB position is
- B.S.E. Run post or seam route unless trips (drag) (Close Form. Drag)
- HB Run drag route (Close Form. Seam)
- FB Aim 2 yards outside ghost TE, 1 1/2 yards deep, hook furthest man on LOS. (Trips Kick Out)



SCREENS

